

WEEKLY MENU

WEEK 1
WEEK 2
WEEK 3



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

THEME DAYS

MAIN



Smokey BBQ
Chicken

Super Swirl Beefy
Pasta
(G/W)

S

Roast Chicken with Gravy

BBQ Chicken &
Sweetcorn Pizza
(MK, G/W)

Captain's Crispy Fish
Fingers or Salmon
Fishcake & Chips
(F, G/W)

VEGGIE



Veggie Cottage Pie

Super Swirl Veggie
Pasta
(G/W)

V S

Cheesy Veggie Hot Pot
with Gravy
(CE, MK, G/W)

Cheesy Tomato
Pizza
(MK, G/W)

Cheesy Mexican
Veggie Burrito &
Chips
(MK, G/W)

SIDES



Steamed Rice
with Sweetcorn &
Green Beans

V S

Carrots & Broccoli

V S

Rustic Roast Potatoes
& Seasonal Vegetables

V S

Homemade Potato
Wedges & Baked
Beans

V

Beans or Peas

V

PASTA & JACKET



Italian Tomato
Twirl Pasta
(CE, MK, G/W)

Jacket Potato with
a Choice of Fillings
(E, F, MK)

Mac & Cheese
(MK, G/W)

Jacket Potato with
a Choice of Fillings
(E, F, MK)

Tomato &
Vegetable Pasta
(CE, G/W)

V

PUD



Fruit Yoghurt
(MK)

Golden Pear Crumble
with Custard
(MK, G/B*, O, W)

S

Vanilla Shortbread
(G/W)

V

Chocolate Mousse
(MK, SO*)

Vanilla Sponge with
Chocolate Sauce
(E, MK, SO*, G/W)

Daily Salad Bar| Homemade Bread| Fresh Fruit



DATES

31 AUG / 21 SEPT / 12
OCT / 9 NOV / 30 NOV

ALLERGENS

CE = CELERY
CR = CRUSTACEAN
E = EGGS

F = FISH
G = GLUTEN
G/B = BARLEY

G/O = OATS
G/R = RYE
G/W = WHEAT

L = LUPIN
MK = MILK
MO = MOLLUSCS

MU = MUSTARD
N = NUTS
P = PEANUTS

SO = SOYA
SU = SULPHUR
SE = SESAME SEEDS

* = MAY CONTAIN
V = VEGAN
S = SEASONAL VEG

WEEKLY MENU

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MONDAY

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THEME DAYS

MAIN



Beef Ragu Topped Mac & Cheese
(MK, G/W)

Mild Chicken Tikka Masala
(MK, G/B*, O*, R*, W*)

Lightly Spiced Chicken

Homemade Beefy Lasagne
(E*, MK, G/B*, W)

Pepperoni Pizza
(CE*, E*, MK, MU*, SO*, G/W)

VEGGIE



Roasted Butternut Squash Topped Mac & Cheese
(MK, G/W)

Sweet & Sour Roasted Vegetables

Veggie Sausage & Gravy
(G/W)

Veggie Hot Dog
(SE*, SO*, G/W)

Margherita Pizza
(MK, G/W)

SIDES



Peas & Sweetcorn

Steamed Rice with Carrots & Green Beans

Paprika Diced Potatoes & Sweetcorn

Broccoli

Homemade Potato Wedges & Baked Beans

PASTA & JACKET



Jacket Potato with a Choice of Fillings
(E, F, MK)

Italian Tomato Twirl Pasta
(CE, MK, G/W)

Jacket Potato with a Choice of Fillings
(E, F, MK)

Tomato & Vegetable Pasta
(CE, G/W)

Jacket Potato with a Choice of Fillings
(E, F, MK)

PUD



Summer Fruit Cheesecake
(E*, MK, SO*, G/B*, O*, R*, W)

Chocolate Shortbread Biscuit
(G/W)

Sticky Toffee Apple Crumble with Custard
(MK, G/W)

Jam Sponge with Custard
(E, MK, SO*, G/W)

Cool School Ice Cream
(MK)

Daily Salad Bar | Homemade Bread | Fresh Fruit



DATES

7 SEPT / 28 SEPT / 19
OCT / 16 NOV / 7 DEC

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WEEKLY MENU

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THEME DAYS

MAIN



Sticky Chicken Pasta Bake
(CE, G/W)

S

Sweet & Sour Chicken
(CE)

Roast Chicken with Gravy

Jerk Chicken Curry
(CE)

Crispy Catch Fish & Chips
(F, G/B*, W)

VEGGIE



Sticky Veggie Pasta Surprise
(CE, G/W)

V S

Tex Mex Mild Veggie Chilli
(CE)

V S

Roast Jerk Quorn Fillet
(G/W)

V

Jerk Vegetable Curry
(CE, G/B*, O*, R*, W*)

V

Cheesy Pizza & Chips
(MK, G/W)

V

SIDES



Broccoli

V S

Steamed Rice & Broccoli

V S

Rustic Roast Potatoes & Medley of Seasonal Vegetables

V S

Rice & Peas
(CE)

V

Beans or Peas

V

PASTA & JACKET



Jacket Potato with a Choice of Fillings
(E, F, MK)

Mac & Cheese
(MK, G/W)

Jacket Potato with a Choice of Fillings
(E, F, MK)

Italian Tomato Twirl Pasta
(G/W)

V S

Jacket Potato with a Choice of Fillings
(E, F, MK)

PUD



Winter Berry Cake
(E, MK, SO*, G/W)

S

Fruit Yoghurt
(MK)

Oaty Crunch Cookie
(MK*, G/B*, O, W)

Mixed Berry Crumble with Custard
(MK, G/W)

S

West Indian Fruit Cake
(E, MK, SO*, G/W)

Daily Salad Bar| Homemade Bread| Fresh Fruit



DATES

14 SEPT / 5 OCT / 2
NOV / 23 NOV / 14 DEC

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